# **PSY-211: Learning & Memory**

Course Syllabus Fall 2021

# **Course Information:**

Tuesdays and Thursdays, 2:00PM - 3:20PM ET

Mary Lyon Hall 211

Course website: http://OnCourse.wheatoncollege.edu/

You will be asked to login using your Wheaton ID number and password (the same password you use for Wheaton email). Once logged in, you should be taken to a page of links for all courses in which you are enrolled that have onCourse sites.



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Physical Office: Mars Science Center Rm 1131

Virtual Office: Zoom Meeting ID: 949 4688 3648 | Passcode: brains

Office Hours: Tuesdays & Wednesdays 4:00PM – 5:30PM. These times are specifically set aside to answer your questions. You may drop-in or you can sign-up for slots using the link above (however, please use the sign-up if you'd like to meet remotely). Scheduling conflict? Please email me to request other appointment times. Note: appointments outside of these office hours must be scheduled at least 24h in advance.

When emailing me, please include the course code (PSY-211) in the subject line so that the email can be easily identified and **allow at least 24h for a reply**. This means that if you have questions on material before an exam or assignment deadline, emailing the day/night before may not get you answers in time.

IT Support Services: Email: <a href="mailto:support@wheatoncollege.edu">support@wheatoncollege.edu</a> | Submit a Service Request: <a href="mailto:ITSS Help Desk">ITSS Help Desk</a>

**Textbook:** Terry, W.S. (2009). *Learning & Memory: Basic principles, processes, and procedures (4th ed.).* Boston, MA: Allyn & Bacon.

\*\*\* **NOTE**: this is an older edition of the textbook, you <u>DO NOT</u> need the most current edition \*\*\*

Access to additional readings, short videos, handouts, PowerPoint lectures, etc will be made available via the class onCourse site.

# **Course Description & Objectives:**

This course will introduce you to the **fields of learning and memory**, which seeks to understand how our minds manage to learn, remember, organize, and forget information about the world. The first part of the course will examine learning from a behaviorist perspective. This approach focuses on how the surrounding environment can modify how an animal behaves (e.g., through classical and instrumental conditioning). The second part of the course adopts a cognitive perspective by which memory is examined in terms of how our minds obtain, organize, use, and misuse knowledge. As we work throughout the semester, our investigations will rely on evidence from a variety of tools and methods with a special interest in investigating competing ideas and considering how findings may explain everyday life.

The main objectives of this course are to:

- 1) Understand and appreciate the fundamental role that learning and memory play in our everyday lives
- 2) Understand the important phenomena and concepts in the areas of learning and memory
- 3) Describe and evaluate major theories proposed to account for learning and memory
- 4) Apply course material to facilitate learning and memory both inside and outside of class
- 5) Understand the application of learning and memory concepts to problems in the real world



**RESPECT.** A successful learning experience requires mutual respect on behalf of the student and the instructor at every level. We should value one another and be open to diverse perspectives. Students are expected to always show courtesy, civility, and respect for one another and for the instructor. Comments that degrade or ridicule another are unacceptable.

We are a TEAM. I hope that we will work together throughout the semester to learn from each other. I will do my best to provide resources and tailor the course material to fit your interests, but I also ask for you to actively participate in our goal of sharing knowledge! It can be in the form of current news/new discoveries, interesting studies, questions, etc.

It is strongly encouraged that you complete assigned readings BEFORE coming to class. This is particularly important for students who have not had previous exposure to concepts and terminology in biology or psychology. Many of you may feel like you are learning a new language and as with any language, exposure is an important component to understanding. You will get the most out of our time together in the classroom if you have already been exposed to the terminology and topics. Reading before coming to class will also prime you to the topics that you may need more explanation for and will allow you to get more out of class by participating in discussions. Questions and comments during class are greatly appreciated, so do not hesitate to speak up—likely another student has a similar question and/or could benefit from a similar clarification!

**Course Workload Expectations:** At Wheaton College, students are expected to spend approximately 3 hours of class time and 9 hours of out-of-class academic activity for each course/credit.

# **Grading:**

Grading is non-competitive, and students are encouraged to study & discuss materials together. However, unless explicitly stated otherwise in an assignment, *any work turned in must be yours and yours alone*. Your grade will reflect the combined score of 2 exams, a final reflection paper, and general class participation (attendance, homework assignments, & activities)

Evaluation	Percentage
Attendance & Participation	15%
Miscellaneous Homework Assignments	15%
Exams	50%
Final Reflection Paper	20%
Total	100%

Course final grades will be assigned on the total percentage earned during the course as follows:

> 98% = A+	77-79% = C+	< 59% = F
94-97% = A	73-76% = C	
90-93% = A-	70-72% = C-	
87-89% = B+	67-69% = D+	
83-86% = B	63-66% = D	
80-82% = B-	60-62% = D-	

# What's in a grade?

- "A" Work = Work that is consistently of high standard, and shows distinction in qualities such as organization, accuracy, originality, conciseness, understanding, and insight. "A" work also clearly demonstrates an ability to pull from multiple sources and draw connections between different courses.
- "B" Work = Work that is consistently above average. "B" work demonstrates evidence of attention to detail, organization, creativity, and the ability to transfer principles from this course to other situations.
- "C" Work = Work that completes the minimum requirements and is satisfactory. "C" work is organized and accurate, but does not go beyond essential facts.
- "D" Work= Work that falls below the acceptable standard. "D" work shows a lack of attention to detail and organization, inaccuracies, and less than minimum effort.
- "F" Work = Work that is unsatisfactory or incomplete.

# Attendance & Participation (15%):

I hope that you actively participate in this course-- I have found this to be a great way to engage you in learning the material, and it makes the lectures more fun! However, not everyone is comfortable speaking up during class and we are in uncertain times, thus participation will be based on a combination of class attendance, completion of in-class activities, and participation in online discussion forums. <u>Students who miss a class are responsible for any announcements made or work assigned in-class</u>. Periodically throughout the semester an article or video will be posted to the OnCourse site, and you will be expected to respond to 2-3 questions about the post. In addition, you will be responsible for replying to **TWO** classmates' responses. Responses will be assessed based on completion and thoughtfulness (i.e., not simply agreeing or disagreeing), both for your post and your replies on your classmates' posts. These will be announced in class, but <u>it is your responsibility to check OnCourse for new discussion forums</u>, <u>and complete the posts on time</u>.

# **Miscellaneous Homework Assignments (15%):**

Periodically throughout the semester you will be asked to complete different kinds of homework assignments (e.g., short writing assignments, worksheets, quizzes). In addition, each student will be responsible for writing one multiple-choice review question prior to each exam. All homework assignments will be announced in class, but <u>it is your responsibility to check OnCourse for new assignments and turn the work in on time</u>.

# Exams (25% each):

There will be 2 non-cumulative exams covering each module of the course. Exams will consist of multiple-choice, fill-in-the-blank, and/or short answer questions covering key concepts from the textbook, course lectures, and any supplemental material covered during the module.

# Final Reflection Paper (20%):

You will write a 4-6 page double-spaced reflection essay dissecting a movie or TV depiction of a learning and/or memory topic we covered in class. In this paper you should: 1) identify the learning/or memory topic we covered, 2) describe this subject in detail, drawing on outside resources/references to expand on the subject, 3) summarize how this topic was depicted in your movie/TV of choice, then 4) critically evaluate how accurately this topic was depicted in your movie/TV choice (e.g., what did they do well? what did they get wrong?). Please be sure to cite your references when you are discussing your topics. For example, if you make statements like, "Alzheimer's disease affects more women than men," you need to cite the research that finding/conclusion/statistic came from. Instructions and a rubric will be posted on the OnCourse site.

#### \*\*\*Extra Credit\*\*\*

Extra credit cannot be requested on an individual basis. However, throughout the semester you will be given the option to do an additional short assignment. For example, the assignment may ask you to attend a talk or to do some research and write a brief report on what you heard/discover. These specific assignments will be optional only, and are used as a way to broaden your knowledge and obtain extra credit. These extra credit opportunities will be worth a varying number points which will be added to your lowest exam grade, and the assignments will be graded as to their thoughtfulness and accuracy. Extra credit cannot raise your final grade more than 1/3 of a step (for example, more than from a C+ to a B-), no matter how many points you earn.

#### Written Work:

All written work should follow APA formatting. The following are useful guides for APA style and scientific writing more generally:

- http://www.apastyle.org/ and/or the Publication Manual of the American Psychological Association
- https://owl.purdue.edu/owl/purdue\_owl.html
- https://library.wheatoncollege.edu/psy/guide or https://library.wheatoncollege.edu/neur/guide
- http://www.nature.com/scitable/topicpage/effective-writing-13815989
- Victoria E. McMillan's: Writing papers in the biological sciences (any edition)

Have questions about finding resources, citation managers, etc?

- Chat with a librarian (M-F, 9:30am-4:30pm): https://library.wheatoncollege.edu/chat
- Schedule an appointment with the sciences librarian, Jillian Amaral.

# Late/Make-Up Assignments:

The goal of work assigned in- and out-side of class is to help you learn the material and develop a deeper appreciation and understanding of the course topics and themes, thus you will receive the greatest learning benefit when work is completed by the given deadlines (as stated in class and/or posted on the OnCourse site). In addition, late/make-up work (including in-class activities, etc.) will be subject to a **10% penalty** on the assignment if turned in before the date of the next scheduled exam or a **25% penalty** on the assignment if turned in before December 13<sup>th</sup>. The penalty will be waived in the case of *prior notice* of a verifiable and documented emergency, but [especially given our current circumstances] we may be able to work something out if you get in touch with me **as soon as possible** if you are in a difficult situation. Late/make-up work will not be accepted after December 13<sup>th</sup> and any outstanding assignments **will be marked as an F**.

## **Honor Code:**

As a student at Wheaton College, you are trusted by your professors and fellow students to be honest in your academic undertakings. **Instances of academic dishonesty, including cheating or <u>plagiarism</u>, will be taken seriously.** 

As per the faculty resolution in 2003, course work must include the following statement <u>with a signature</u>: "I have abided by the Wheaton College Honor Code in this work."

The full Wheaton College Honor Code is as follows:

As members of the Wheaton community, we commit ourselves to act honestly, responsibly, and above all, with honor and integrity in all areas of campus life. We are accountable for all that we say and write. We are responsible for the academic integrity of our work. We pledge that we will not misrepresent our work nor give or receive unauthorized aid. We commit ourselves to behave in a manner which demonstrates concern for the personal dignity, rights and freedoms of all members of the community. We are respectful of college property and the property of others. We will not tolerate a lack of respect for these values. I accept responsibility to maintain the Honor Code at all times.

Your signature along with the statement indicated in bold italics above states your compliance with the Wheaton Honor Code. **Violations of the Honor Code will not be tolerated**. Materials submitted that are deemed violate the Honor Code will receive a zero. Additional violations could result in a grade of "F" for the course. If you have any doubts about what you are writing and whether or not it constitutes plagiarism, please consult with me <u>before you turn in that work</u>.

## **Accessibility Statement:**

Wheaton is committed to ensuring equitable access to programs and services and to prohibit discrimination in the recruitment, admission, and education of students with disabilities. Individuals with disabilities requiring accommodations or information on accessibility should contact Autumn Grant, Associate Director for Accessibility Services at the Filene Center for Academic Advising and Career Services at accessibility@wheatoncollege.edu or 508-286-8215.

I am happy to support and accommodate students with disabilities and/or learning differences. However, documentation should be provided as soon as possible and accommodations should be negotiated <u>no later than the first full week of classes</u>. The student will also be responsible for informing me of the required accommodations at least one week in advance of each exam.

# Wheaton Student Support & Wellness Resources:

Your overall wellness is important and it contributes to your academic success. I want to make sure that you have information regarding resources at your disposal, and I highly encourage you to utilize these resources.

- The Counseling Center is the confidential and FREE mental health resource on campus for all students and will be offering in person and telehealth care this year. To learn about services, check out the website, or give the office a call at 508-286-3905. Additionally, the Mental Health Support Line is available anytime the CC is not, by calling the front desk 508-286-3905 and following voicemail prompts to be connected to a clinician (24/7, available in languages other than English, and accessible from anywhere you are in the world).
- <u>The Filene Center</u> strives to support your learning pathway by fostering successful academic, career, and personal development. The academic advising staff will work collaboratively with you, faculty and campus resources to ensure that you have the access and guidance to become a confident and reflective learner at Wheaton and beyond. Contact us at advising@wheatoncollege.edu.
- Many other offices on campus can also help support the holistic wellness of students. For students who identify as low-income, first-gen, LGBTQ+, or have a faith or spiritual practice they adhere to, the <u>Center for Social Justice and Community Impact</u> and <u>Center for Religious and Spiritual Life</u> (the Base) are good places for support and engagement. The <u>Marshall Center for Intercultural Learning</u> supports BIPOC students and those working towards breaking down barriers across differences, and the <u>Center for Global Education</u> supports international students, and students seeking educational opportunities abroad. The <u>SMART</u> and <u>Title IX Office</u> support students through sexual and gender based misconduct, and the <u>Bias Incident Response Team</u> supports individuals through a wide variety of bias events. We encourage you to reach out to any and all of these offices for support.
- Health Services through Norton Medical Center is available to support students with a variety of
  physical health needs including specialty support for GYN and STI care. Contact the office at 508-2864500 to make an appointment for care. There is no copay for visits and most services are free, with
  select procedures and labs billed to insurance.

# Personal Electronic Devices & Technology in the Classroom:

Please place your phones and any other devices on mute or vibrate before you come to class. There will be opportunities for interactive responses to questions during lectures using your internet-capable devices (smartphone, laptop, or tablet), and you may use laptops or tablets in class to consult readings or to take notes. However, any other use of your electronic devices is prohibited (e.g., checking email or social media, web-surfing, texting, for the purposes of academic dishonesty/violations of the Honor Code, etc.)— it's distracting to your own learning and to the learning of those around you. If you are unable to stay on-task or are otherwise distracted by your smartphone/laptop/tablet, I will ask that you put the device(s) away.

## **Instructor Recordings of Class Sessions:**

The instructor may record any or all portions of class meetings for educational purposes. A recording is defined as any video or audio replication or photographic image recorded on any device that can record images and/or sound. At the discretion of the instructor, the recordings may be shared only with students enrolled in the course and will be deleted at the conclusion of the course. In these circumstances, all students participating in the course as well as any guest speakers will be informed that recording may occur. Students may not reproduce, post, or distribute any recordings provided by the instructor.

# **Student Recording of Class Sessions:**

Students may not record (as defined above) or transmit activities (e.g., lectures, discussions) that occur as part of a classroom session unless: (1) Accessibility Services has authorized recording as an academic accommodation for a qualified student with a disability and the student has notified the instructor of that authorization by presenting their accommodation letter; or (2) permission from the course instructor has otherwise been granted. In these circumstances, all students participating in the course as well as any guest speakers will be informed that audio/video recording may occur. If a student is given authorization to record any portion of a classroom session, that student understands and agrees that the recording is for the sole use of the individual student and may not be reproduced, sold, posted on social media/online, or otherwise distributed as this would infringe on the privacy rights of others represented in the recording.

LECTURE SCHEDULE				
	MODULE 1: LEARNING – A BEH	HAVIORIST'S PERSCEPTIVE		
WEEK 1				
DATE	TOPIC	TERRY READING & ASSIGNMENT(S)		
Tues 8/31 Thurs 9/02	Course Overview Introduction to L&M History of L&M Research	<ul> <li>Chapter 1</li> <li>Syllabus scavenger hunt due by 11:59pm, 9/3</li> <li>What makes you, YOU? due by 11:59pm, 9/6</li> </ul>		
	WEEK 2			
Tues 9/07 Thurs 9/09	Non-Associative Learning	Chapter 2		
	WEEP	(3		
Tues 9/14 Thurs 9/16	Associative Learning: Classical Conditioning	Chapter 3		
	WEEK	<b>(4</b>		
Tues 9/21 Thurs 9/23	Associative Learning: Instrumental Conditioning - Reward	Chapters 4		
	WEEP	(5		
Tues 9/28 Thurs 9/30	Associative Learning: Instrumental Conditioning - Punishment	Chapters 5		
	WEEP	(6		
Tues 10/05 Thurs 10/07	Spatial, Motor-Skill, & Implicit Learning	Chapter 11		
-	WEEK			
Tues 10/12	Octobe	er Break – No Class!		
Thurs 10/14	WEEL	REVIEW		
Tues 10/19	WEEK	line, open-note, due no later than 11:59pm)		
Tues 10/19	MODULE 2: MEMORY – A CO			
Thurs 10/21	Verbal Learning	Chapter 6		
111013 10/21	WEEK			
Tues 10/26 Thurs 10/28	Social Learning	Gluck, et al. Chapter 11 (posted on OnCourse)		
	WEEK	10		
Tues 11/02 Thurs 11/04	Human Memory: Conceptual Approaches	Chapter 7		
	WEEK	11		
Tues 11/09 Thurs 11/11	Short-Term Retention	Chapter 8		
	WEEK	. 12		
Tues 11/16 Thurs 11/18	Encoding	Chapter 8		
	WEEK	13		
Tues 11/23	Storage & Retrieval	Chapter 10		
Thurs 11/25	Thanksgi	iving Break – No Class!		
	WEEK	14		
Tues 11/30	Storage & Retrieval cont.	Chapter 10		
Thurs 12/02	Individual Differences	Chapter 12		
	WEEK 15			

Tues 12/07	REVIEW!			
Thurs 12/09	EXAM 2 (90 minutes, online, open-note, due no later than 11:59pm)			
FINALS WEEK				
Mon 12/13 9:00 AM	FINAL REFLECTION PAPER DUE by noon (12pm), 12/13			

A more detailed version of the semester schedule will be maintained on the onCourse class website.

**Please note:** This syllabus and the semester schedule are subject to change 1) in the event of unforeseen circumstances, 2) according to class interest and time, or 3) as deemed necessary by the instructor. Any changes will be announced in class and posted on the OnCourse site.